

**Camp Hours:**

**Full Day:**

9:00am—4:30pm

**Half Day:**

9:00am—12:00pm

*\*Early and late drop off is available as early as 8:30am and as late as 5:00pm at an additional \$5.00 charge for each additional half hour*

*\*\* Please note: Refunds are not available*

**Woodstock Legion Athletic Club**

**Waiver Form**

Waiver: I, the undersigned hereby irrevocably release the WLAC and all its branches from any and all responsibilities from loss and or personal injuries by the applicant/participant while engaged in the activities of this said club or while travelling to and from activities by means of transportation provided by said club.

**Date:**

**Name:**

**Signature:**

**Registration:**

Please check the week(s) you wish to register for and circle whether you will be joining us for half or full days

- July 4-8      Half Day      Full Day
- July 11-15      Half Day      Full Day
- July 18-22      Half Day      Full Day
- July 24-29      Half Day      Full Day
- Aug 1-5      Half Day      Full Day
- Aug 8-12      Half Day      Full Day
- Aug 15-19      Half Day      Full Day
- Aug 22-26      Half Day      Full Day

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Sex: \_\_\_\_\_      Age: (6-13) \_\_\_\_\_  
F      M

Phone Number: \_\_\_\_\_

Parent Work Number(s): \_\_\_\_\_

Emergency Contact Name and Number: \_\_\_\_\_

Allergies/Other Concerns: \_\_\_\_\_

Payment: \_\_\_\_\_  
\_\_\_\_\_ full day weeks at \$150.00 each  
\_\_\_\_\_ half day weeks at \$70.00 each

Would you like to purchase a camp t-shirt for an additional \$10.00?      No      Yes: Size: \_\_\_\_\_

Cheques can be made out to "Woodstock Legion Athletic Club" and mailed with this registration form.



**For more information or to register:**

Nikki Cameron

(Day Camp Coordinator)

226-228-4003

nicolecameron@hotmail.com

[www.wlac.ca](http://www.wlac.ca)

**OR**

mail this registration form to:

P.O BOX 20232

Woodstock, Ontario

N4S 8X8



The WLAC summer day camp program strives to create an inclusive environment for children to learn basic track and field skills, life skills, and most importantly to have a FUN rewarding experience!

Each camper will be treated with upmost respect in a developmentally appropriate, physically and socially safe environment which values personal improvement and the development of important life skills.

The WLAC Summer Day Camp is the place to be this Summer!

### A Typical day at WLAC Summer Day Camp

#### 9:00 am-12:00pm:

- Warm-up
- Running games
- Track and field instruction



#### 12:00 noon—12:45: Lunch Hour

#### 12:45-4:30:

- Activities like swimming, beach volleyball, basketball, and capture the flag
- Water games including sponge relay, slippery football, and water balloon pass to cool off!
- Half-day trips to Southside Pool's Sprayn' Play Waterpark and one full day at Pittock Conservation Area



Area

*A mini track meet will be held every Friday with an included lunch!*



### **Facility:**

The Woodstock Legion Athletic Club operates out of the Terry Fox Memorial Track located at College Avenue Secondary School (CASS) in Woodstock, ON and includes:

- Six lane rubber surface track
- Official high jump pit
- 2 pole vault runways
- 2 jumping pits
- Shot-put circle
- Discus cage
- Javelin runway



Day trips include locations such as the Southside Aquatic Centre, and Pittock Conservation Area!