
Individual Meet Results

AO National Jr & Sr Qualifier, Relays, JW 5k 12-Jun-10 to 13-Jun-10

Location: Toronto Track & Field Centre

Woodstock Legion Athletic Club [WOOD]

Mark	Convert	Rnd	Event	Place	Points	Improv
Kominek, Alex (94) G 9420675						
14.70	NWI	F	# 9 O Girls Open 100m Dash	---	---	-0.42
3.70m	NWI 12-01.75	F	# 169 C Girls Open Long Jump	---	---	-1.13
Rumble, Scott (91) B 9198207						
35.01m	114-10	F	# 198 J Boys Open Discus 1.75kg	---	---	---
50.10m	164-04	F	# 218 J Boys Open Javelin 800g	---	---	---