

WOODSTOCK LEGION ATHLETIC CLUB



2010 Competitive Program

Please bring this completed form to practice along with your payment

Name _____ Age _____ Date of Birth (DD / MM / YY)

Address: _____

Phone Numbers Home: _____ Work _____

Parents or Guardians: _____

Email Address: _____

Membership Options

1. Full year membership\$500.00
(Includes all programs *AO fees are included, Meet fees for AO Champ. events are included*)

Sessional Registration (Pay as you play, AO Fees are included)

	Competitive	Non Competitive
2. Winter Training Program Both Pool and WCI.....	240.00	140.00
3. WCI Gym Work Outs 1 time per week	125.00	75.00
4. Pool Work Outs 1 time per week.....	125.00	75.00
5. Summer Training Program	300.00	140.00
6. X-Country Only	70.00	50.00

Woodstock Legion Athletic Club Waiver form

Waiver: I, the undersigned hereby irrevocably release the Woodstock Legion Athletic Club and all its branches from any and all responsibilities, from loss and or personal injuries sustained by the applicant/participant while engaged in the activities of the said club or while traveling to and from activities by means of transportation provided by said club. I also authorize the use of pictures to promote the club through various media networks.

Date: _____ Athlete Signature: _____

Date: _____ Parent/Guardian Signature: _____